

# Learning Strategy

Learning Strategies are the thoughts and actions that help make learning easier or more effective.

The learning strategy for this lesson is *Monitor*. *Monitor* means to notice how well you are understanding or bring understood. It can also mean identifying problems in communication. This strategy helps us learn, because after we find a communication problem, we can decide how to solve it.

In this week's video, Anna *monitors* what MINDY is doing. She finds that there is a problem: she is not going to a place where she can learn about baseball. She tells MINDY, "It cannot teach us about baseball!"

Can you find an example in the lesson of MINDY *monitoring*, or finding out about a problem? Write to us about it in the Comments section or [send us an email](#).

Teachers, see the [Lesson Plan](#) for more details on teaching this strategy.